

OCTOBER RECREATION CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Retirement Community AR- Activity Room D1- Retirement Dining Rm L1- Retirement Lounge NP- North Patio TH- Theatre	Senior Living Community BR- Billiards Room L2- SL Lounge, 2nd Floor D2- SL Dining Rm 2nd Flr PR- Party Room, 2nd Flr TR- Terrace	Everyday in the Party Room 10am Coffe Social- Bring your own mug 2-4pm Board Games 7-9pm Board Games Everyone is Welcome!!	Colour Code IN THE THEATRE IN THE SENIOR LIVING Community ON THE TERRACE IN-HOUSE SHOPPING or Clinic VAN OUTINGS SPECIAL EVENT!!	1 9:45 Strength Exercise (AR) 10:00 Res. Council General Meeting (PR) 10:45 Hand Wax Therapy (AR) Building Evacuation Drill 2:00 LargePrint Book Exchange 3:00 Oktoberfest with Jeanette (L1) 7:15 The Truman Show (TH)	2 9:45 Strength Exercise (AR) 10:45 Drumming Circle (AR) 2:15 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Mia and the White Lion (TH) Prime 3:15BeginnerDarts!(AR)7:00SkipBo(AR) 7:15 Life is Beautiful (TH)	3 New Times! 10:15 Seated Strength Exercise (AR) 11:00 News and Coffee Social (CL) 12-2pm DOUG FORD Election Candidat (L1) 2:00 Bingo (AR) 3:15 Word Games (AR) 3:15 Sing Along (L2) 7:15 Grease (TH)
4 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 + 2pm Spiritual Reflection (TH) 2:15 Washer Toss on the Terrace (TR) 3:00 Sing That Song: Lyrics Game with Colleen (AR) 7:15 Jumanji (TH)	5 Giant Tiger Lucy Gray Alterations 1-4pm (L1) 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 12:00-2:30 Drop In Pretzel Baking! (AR) 1:45 Bingo 50¢/card (PR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 3:30 Q&A Election Candidate: Eric Sme 7:00 Farkle (AR) 7:15 Elton John Live in Concert	6 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 Upcoming Activities Meeting (AR) 11:45 Upcoming Activities Meeting (PR) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga(TH) 3:00Bible Study (T) 3:15 Highschool Students Volunteer Me Meet and Greet! (L1) 7:00 Set Design with Adrienne (AR) 7:15 Forrest Gump (TH)	7 1-3:00p Tuck 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Witts (D1) 1:45 Bingo 50¢/card (PR) 2:00 Coffee and Chat with Charlie McDonald, Mayoral Candidate (L1) 3:00 Un-Christmas Show Rehearsal(TH) 3:15 Seated Music & Exercise (AR) 7:15 Click (TH)	8 8:30-10:30am Tuck Shop Open Shopper's Drugmart 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 2:00 Thanksgiving Charity Pie Auction (L1) 3:15 Tai Chi (TH) 7:15 JL Family Ranch: The Wedding Gift (TH)	9 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Bean Bags (AR) 11:30 Fire Safety Walkthrough (D2) 2:15 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Doc:Cher & The Loneliest Elephant (Prime 2:00 Euchre (PR) 3:15 Beginner Darts! (AR) 7:00 SkipBo (AR) 7:15 Heaven Can Wait (TH)	10 Farmer's Market-Last one of the year 10:15 Seated Strength Exercise (AR) 11:00 News and Coffee Social (CL) 2:00 Dollar \$ Bingo(AR) 3:15 Scenic Autumn Destinations Aroundthe World (L1) 3:15 Sing Along (L2) 7:15 Under the Greenwood Tree (TH)
11 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 + 2pm Spiritual Reflection (TH) 2:15 Bocce (AR) 3:00 Sing Along with Grace (AR) 7:15 Relative Values (TH)	12 Thanksgiving 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Paraffin Wax Hand Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:15 Gentle Seated Exercise (TH) 3:00 Music Bingo! (AR) 7:00 Farkle (AR) 7:15 Concert:John Williams Orchestra (T)	13 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 Book Club (PDR) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Music, Mocktails & Cocktails Social 7:00 Cranium Crunches (AR) 7:15 Easy Virtue (TH)	14 Bank Transport 1-3:00p Tuck 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Name That Tune (AR) 1:30 Knit Witts (D1)1:45 Bingo 50¢/card 2:00 Pokeno (AR) 3:00 Un-Christmas Show Rehearsal(TH) 3:15 Seated Music & Exercise (AR) 7:15 Navigating the Heart (TH)	15 Shoreline Casino 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 United Church Service (TH) 10:45 Paraffin Wax Hand Therapy(AR) 2:15 Tai Chi (TH) 3:00Birthday Party w/Craig Brtnik(L1) 7:15 Chocolat (TH)	16 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Craft: Walker Tags and Labels (A 2:15 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Documentary: Orangutan (TH) D+ 2:00 Euchre (PR) 3:15BeginnerDarts!(AR)7:00SkipBo(AR) 7:15 Evil Under the Sun (TH)	17 9:30 & 10:15 Aquafit (Pool) 10:15 Seated Strength Exercise (AR) 11:00 News and Coffee Social (CL) 2:00 Bingo (AR) 3:15 Finish the Lyrics (AR) 3:15 Sing Along (L2) 7:15 Always at the Carlyle (TH)
18 1-3:00p Tuck Shop Open Church Transportation Weekly Puzzle in the Café 10:30 Coffee Social in the Café Lounge 10:30 Spiritual Reflection (TH) 2:00 Calvary Church Service and Hymn and Hymn Sing (TH) 3:00 Bean Bags (AR) 7:15 Escape to Athena (TH)	19 Loblaws Walker Bags by Fiona 10am-2pm 9:45 Strength Exercise (AR) 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 Chef Demo with Mark (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 7:15 Concert: Dolly Parton Tribute 202	20 Medical transport 9-4pm 9:45 Strength Exercise(AR) 10:30 Coffee Social in the Café Lounge 10:30 St.Mary's Catholic Service(TH) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga(TH) 3:00Bible Study (T) 3:15 Cocktails & Mocktails Social (L1) 7:00 Jeopardy! (AR) 7:15 Silent Witness (TH)	21 1-3:00p Tuck Shop Open Primrose Lane 10am-2pm 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Witts (D1)1:45 Bingo 50¢/card 2:00 Pokeno (AR) 3:00 Reharsals(TH) 3:00 Video Games with Ricky (L1) 3:15 Seated Music & Exercise (AR) 7:15 Legally Blond (TH)	22 Activity Room Closed 12-3pm Dollarama/Food Basics 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Paraffin Wax Hand Therapy(AR) 2:15 Tai Chi (TH) 3:00 Thirsty Thursday with Randy Read (L1) 7:15 Concussion (TH)	23 1-3:00p Tuck Shop Open Academy Theatre: ABBA 9:45 Strength Exercise (AR) 10:45 Ladder Ball (AR) 2:15 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Documentary: Tigers on the Rise (T 3:15BeginnerDarts!(AR)7:00SkipBo(AR) 7:15 Cross Creek (TH)	24 Alestea Mobile Fashion 10-430pm (L1) 9:30 & 10:15 Aquafit (PL) 10:15 Seated Strength Exercise (AR) 11:00 News and Coffee Social (CL) 2:00 Dollar \$ Bingo (AR) 3:00 Famous People Then&Now (AR) 3:15 Sing Along (L2) 7:15 Green and Gold (TH)
25 1-3:00p Tuck Shop Open Church Transportation 10:30 Spiritual Reflection (TH) 2:00 Spiritual Reflection (TH) 2:15 Ladder Ball (AR) 3:00 Hymn Sing with Grace (AR) Dinnertime Music with Don.V Dinnertime Music with David.T 7:15 Runt (TH)	26 Lindsay Mall Mobile Senior Shop 10-2pm (L1) 10:45 Hand Wax Therapy (AR) 1:45 Bingo 50¢/card (PR) 2:00 Fall/Winter Menu Tasting (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Un-Christmas Show Rehearsal(TH) 7:00 Farkle (AR) 7:15 Concert: Carrie Underwood 2025	27 Medical transport 9-4pm 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:30 St.Paul's Anglican Service (TH) 2:00 Euchre/Scrabble(AR)Euchre (PR) 2:15 Chair Yoga (TH) 3:00 Good Samaritan Shoe Boxes (L1) 7:00 Histories & Mysteries (AR) 7:15 Hello Dolly! (TH)	28 Bank Transport 1-3:00p Tuck Halloween Pumpkin Contest Begins! Submit your pumpkin at the front desk. 9:45 Strength Exercise (AR) 10:45 Name That Tune (AR) 1:30 Knit Witts (D1)1:45 Bingo 50¢/card 3:00 Un-Christmas Show Rehearsal(TH) 2:15 Pokeno (AR) 3:15 Seated Music & Exercise (AR) 7:15 Practical Magic (TH)	29 Whitney Town Centre 9:45 Strength Exercise (AR) 10:30 Coffee Social in the Café Lounge 10:45 Hand Wax Therapy (AR) 2:15 Tai Chi (TH) 3:15 New Resident Social (AR) 7:15 Premonition (TH)	30 1-3:00p Tuck Shop Open 9:45 Strength Exercise (AR) 10:45 Axe Throwing (AR) 2:15 Advanced Darts! (AR) 2:15 Gentle Seated Exercise (TH) 3:00 Doc:Sea Lions of the Galapagos (T 3:15 Beginner Darts! (AR) 7:00 SkipBo (AR) 7:15 Witches of Eastwick (TH)	31 Halloween 9:30 & 10:15 Aquafit (PL) 10:15 Seated Strength Exercise (AR) 11:00 News and Coffee Social (CL) 2:00 Documentary:Spooky(TH) 3:00 Halloween Party with John Pebble (L1) 5-7PM Hand out Halloween Candy 7:15 The Sixth Sense (TH)